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A NJ Non-profit Corporation

## Animal Rescue with *Cattitude*!

Introducing Cattitude, Inc.

#### Who We Are

Cattitude is a New Jersey-based nonprofit corporation. Our volunteers include local individuals, who have been involved in cat and dog rescue for many years. Our motto is: "We're in it for the animals!"

#### **Our Mission**

Our mission is the rescue and adoption of homeless and abandoned domestic cats and dogs. Through our rescue efforts, we intend to remove pets from dangerous or otherwise inappropriate environments and provide foster care, veterinary care, socialization, and any other necessary intervention, as well as:

- facilitating the adoption of cats and dogs impounded in kill shelters;
- participating in and promoting spay/neuter programs designed to reduce the stray population;
- providing information about pet safety, pet training, pet birth control, emergency care and otherwise promoting appropriate treatment of cats and dogs; and
- preventing cruelty to all animals.





Cattitude's strength is in our numbers.

#### How You Can Help Us Help Them

If you are interested in helping animals, there are a couple things you can do. We can always use volunteers who can donate time or services—from helping out on adoption days to fostering an animal, from socializing the cats in the adoption center to doing follow-up on our adopted animals. Regardless of your schedule and level of commitment, we can always find a way for you to help.

For those who wish to donate supplies, *Cattitude* accepts dog and cat food, cat litter, litter boxes, beds, toys, grooming supplies (e.g., brushes, nail clippers), and pet furniture (e.g., scratching posts).

If you would like to donate funds, be assured that every dollar we receive goes directly towards helping us pay for food, medicine, and vet visits until we find a permanent, loving home for our animals. Please make your checks out to *Cattitude*, *Inc.* and mail to:

Cattitude, Inc P.O. Box 4732 Highland Park, NJ 08904

You can also help us by shopping at **iGive.com**.

## "Paw-some" People

#### Girl Scouts Aid Cattitude

Cattitude, Inc. honors Miss Megan Kaczka and Miss Sarah McCarthy who gave up their Saturday to help us help animals in need. On January 12<sup>th</sup>, the two young ladies stood in the entrance way to the PetCo in Piscataway, handing out flyers and speaking about the need to support local rescue and adoption programs, such as Cattitude. Their efforts resulted in tons of donated food, toys, and litter for which we are extremely grateful.

Megan and Sarah belong to Girl Scout Troop # 118. This project also helped them attain their Silver Award.

Bravo, Megan and Sarah for a job well done!

# It Pays to Spay (and Neuter!)

Nobody likes an expensive vet bill. But whatever the price, spaying or neutering is a one-time cost—a relatively small price to pay when weighing all the benefits.



Megan Kaczka and Sarah McCarthy

## Spaying/Neutering Is Good for Your Pet

- Spaying and neutering helps dogs and cats live longer, healthier lives.
- Spaying and neutering can eliminate a number of health problems that can be very difficult or expensive to treat.
- Spaying eliminates the possibility of uterine or ovarian cancer and greatly reduces the incidence of breast cancer, particularly when your pet is spayed before her first estrous cycle.
- Neutering eliminates testicular cancer and decreases the incidence of prostate disease.

#### Spaying/Neutering Is Good for You

Spaying and neutering makes pets

- more affectionate companions.
- Neutering cats makes them less likely to spray and mark territory.
- Spaying a dog or cat eliminates her heat cycle completely. Estrus lasts an average of six to 12 days, often twice a year, in dogs and an average of six to

seven days, three or more times a year, in cats.

- Females in heat can cry incessantly, show nervous behavior, and attract unwanted male animals.
- Unsterilized animals often exhibit more behavior and temperament problems than do those who have been spayed or neutered.
- Spaying and neutering can make pets less likely to bite.
- Neutering makes pets less likely to roam the neighborhood, run away, or get into fights.

## Spaying/Neutering Is Good for the Community

- Communities spend millions of dollars to euthanize thousands of unwanted animals.
- Irresponsible breeding contributes to the problem of dog bites and attacks.
- Animal shelters are overburdened with surplus animals.
- Some stray animals also scare away or kill birds and wildlife.

Control of the pet population is a shared responsibility, especially for pet owners. Spaying and neutering not only benefits the health of your pet, it helps prevent the births of more unwanted pets.

So, please, be part of the solution—spay and neuter your pets. You can also help by spreading the word to other pet owners.

Article adapted from The US Humane Society Web site at www.hsus.org.

#### **DID YOU KNOW THAT ....?????**

- In 7 years, one female cat and her young can produce 420,000 cats.
- In 6 years, one female dog and her young can produce 67,000 dogs.
- It costs US taxpayers an estimated \$2 billion each year to round up, house, and dispose of homeless animals.



## Ten Cat Care Tips

There are many common-sense rules to follow when caring for your cat. These rules are simple and will help ensure that your cat is healthy and happy.

#### 1. Bringing Your New Cat Home

A new environment can be a frightening experience for a cat. When bringing your new cat home, transport the cat in a carrier. Once inside your home, set the carrier down and open the door. Let the cat come out and explore on his own. Have a food and water spot already set up. Also have a litter box set up in a quiet spot away from the food. To help your cat adapt, you may wish to confine the cat to a quiet room for a day or two.

#### 2. Litter Boxes

Litter boxes should be cleaned daily. Clumping cat litter makes this easy. Simply scoop out the clumps, and you're done! Keep the litter box in a place where the cat will not be disturbed.

#### 3. Food and Water

Your cat should always have a fresh supply of food and water. Keep a bowl of dry cat food available to your cat at all times. You may wish to supplement your cat's diet with a can of wet cat food once a day. Also, be sure to change the water daily. Food and water bowls should be kept clean. Setting them on top of a plastic placemat also helps you keep the food area clean if you have a messy kitty!

#### 4. Scratching Posts and Mats

Cats generally have the natural urge to scratch. The question is: where—and what—will kitty choose to scratch? Having a scratching post or mat is the best way to let your cat exercise his claws while sparing carpets and furniture. Sprinkle the post or mat with catnip and play with your cat on it so he knows it is OK to scratch there. Make sure any scratching post is safe and secure.

#### 5. Cat Toys

There are so many different cat toys on the market these days it is hard to choose a toy your cat will like. Most toys are inexpensive, so use trial and error to see what your cat likes best. Some cats prefer the string attached to the toy much better than the toy! If that's the case, stick with the basics: strings, paper balls, boxes. You don't need to buy toys if your cat finds entertainment in everyday items. If you do decide to indulge kitty, get a laser light. Cats who love to chase will likely love chasing a laser light. And playtime can be a rewarding bonding experience for both you and your cat.



Meet Merry, a 2-1/2 year-old calico currently in foster care.

#### 6. Sleeping Places

A cat always needs a quiet, out-ofthe-way place to sleep the day away. Set up a warm and cozy "bed" for your cat. You can simply use an old blanket or, if you wish, you can purchase a small fleece bed for your cat. If you have small children, make sure they can't disturb your cat when he sleeps.

#### 7. Caring for Eyes

When cats get buildup of discharge around the eye, simply clean it with a damp cloth. A small amount of discharge is normal for a healthy cat. If you notice an excessive amount, consult a vet.

#### 8. Caring for Ears

Regularly check your cats ears for dirt or ear mites. You can remove any dirt by gently rubbing the inside of the ear with a cotton swab. If you spot small brown clumps of discharge, consult your vet. This may be a sign of ear mites.

#### 9. Trimming Claws

Keep your cat's claws trimmed by investing in a pair of nail trimmers from a pet store. Clip the very tip of each claw. Taking any more than the tip can hurt your cat. It is recommended that you have a vet show you how to clip claws properly before you do it the first time. If you are uncomfortable trimming your cat's claws, ask your vet to do it.

#### 10. Oral Care

As cats age, their teeth start to get calcium buildup, which can cause gum inflammation. Check your cats mouth every six or eight weeks. Find and remove any calcium buildup before deposits get too large. Ask your vet to show you how to clean your cat's teeth. Your vet may even offer this service if you prefer not to do it yourself.

Caring for a cat is quite simple. A cat benefits most from healthy food, fresh water, exercise, and lots of love. By following these ten simple guidelines, you can help your cat live a long and healthy life.



Rapunzel is our long-haired beauty; she is also in foster care.



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## Upcoming Events

Every Saturday, 11 AM to 4 PM Adoption Day

Meet and interact with pets available for adoption. For more information, call 732-491-5696.

#### Location:

**Petco** (Adoption Center) 1333 Centennial Ave. Piscataway, NJ 08854

## Saturdays Are Adoption Days

We Like Kittens, but We LOVE Cats!

It is very easy to adopt an animal from *Cattitude*. Some of our cats and kittens are at our adoption center, located at Petco in Piscataway. If you are interested in any of the cats or kittens there, please pick up an application form available at the adoption center and mail it to us. Or, you can drop the application form in the box at our adoption center. We will get in touch with you.

We hold adoption days at Petco every Saturday from 11:00 AM through 4:00 PM. You can visit us then to meet and interact with more of the pets we have available for adoption.

Adoption fees\* are:

Cats—\$80 (\$25 deposit for unspayed/neutered cats)

Dogs—\$250 (\$50 deposit for unspayed/neutered dogs)

\*Please understand the adoption fee is a donation. We do not sell our animals for profit. Each donation made to our group is put towards paying medical bills. Without donations, our group cannot take in animals. Thanks to our donors for their generosity. The animals appreciate it.

You can also visit us online at www.njcattitude.org. Look at our Petlist, choose a companion animal, then download and fill out an application form. Applications may be sent to us via mail or e-mail.



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Be sure to check out the following sites:







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